

- **Green Scene** is a new summertime initiative aimed at getting more people active through better use of our parks & green spaces in Dublin City. DCSWP Sports Officers will work with partners to organize new, interesting & enjoyable games, activities and coaching sessions.

Complimenting The Green Scene will be the following:

**Seen on the Green** – Efforts will be made to entice well known sporting personalities to attend activities. We will promote these through a ‘Seen on the Green’ segment on social media and other relevant media channels. This will help build the profile of the programme and assist with securing future sponsorship.

**The Green Machine** – Awards/prizes will be presented to participants attending the highest number of sessions.

Green Scene events taking place in the South Central Area during this period include:

- *‘Skipathon’ - every Tuesday and Friday from 5.30pm – 7.30pm in Bridgefoot Street Gardens until mid August. The Tuesday sessions are for parents & kids of all ages. The Friday sessions are in conjunction with a local Men’s Shed Project and target inactive adults.*
- *Ultimate Frisbee & Cricket sessions (in conjunction with Summer Camps happening in the Ballyfermot/Cherry Orchard area throughout July and early August)*
- **Cycle Leader Training:** A number of DCSWP Sports Officers combined resources to facilitate a Cycle Leader Training Course on June 28<sup>th</sup>/29<sup>th</sup> in the Municipal Rowing Centre, Islandbridge, D8. This was a great success and further training dates are expected to be confirmed. A number of adults from the South Central Area communities are expected to attend this training and subsequently lead a 6-week ‘Bike for Life’ programme prior to the great Dublin Bike Ride in September. Updates to follow.
- **Ballyfermot Sports & Fitness – Summer Camps:** Weekly multi-activity camps are running throughout July and will continue until the second week in August.
- **Introductory Snorkelling**  
The DCSWP Sports officer will be facilitating introductory snorkelling sessions to the young participants taking part in the Ballyfermot Sports & Fitness Summer Camps. After each session the young people will be completing some worksheets to highlight how to be safe around the water.
- **Dublin Docklands Dip**  
The DCSWP Sports Officer for Ballyfermot will be assisting the Swim Ireland Participation Officer in the delivery of the ‘Dublin Docklands Dip’, which will take place on Wednesday 19<sup>th</sup> July in Spencer Dock. Ballyfermot Youth Services will have a group participating on the day and they will get the opportunity to take part in diving, water-polo, water safety/lifesaving & mini triathlon.

- **Annual Bluebell Summer Project** takes place on Wednesday 26<sup>th</sup> July at Bluebell Community Centre. The local DCSWP Sports Officer will help to organise activities such as ultimate Frisbee, athletics & fencing on the day.

The local DCSWP Sports Officer will also help to facilitate activities at a number of other Summer Projects and Family Fun Days such as **St. Michael's Family Fun Day** (Thursday 20<sup>th</sup> July, 2.30pm – 4.30pm, St. Michael's Estate) and **Islandbridge Summer Fair** (Friday 21<sup>st</sup> July).

- **Donore Community Drugs Team (Pilot TRY Programme)**  
The DCSWP Sports Officer is working alongside the Donore Community Drugs Team on a programme called TRY (Targeted Response at Youth). This initiative is targeting a group of disaffected young men and is a pilot programme due to run until late July. The young men are attending a soccer drop-in session in St. Catherine's Sport Centre on Monday evenings from 5pm to 6pm and then, depending on their individual needs, will meet with the drug team workers during the week. On Friday mornings the young men travel away from the area to take part in a range of sporting activities including Football Golf, Football Darts, Skills Zone, Jump Zone, Hill Walks etc...
- **St. John of God Sports Programme**  
The DCSWP Sports Officer for Ballyfermot is working with the St. John of God Sports Co-ordinator to provide an ongoing sports programme for all participants in St. John of God facilities citywide. For the month of July the participants will take part in Karate Classes on Monday mornings in Sports & Fitness Ballyfermot from 11am to 12pm.
- **Club Support**  
The local DCSWP Sport Officer supports and works with the coaches from *St. Catherine's Boxing Club* & *Tae Kwon-Do Club* who both train on various evenings in St. Catherine's Sports Centre and are always willing to take on new members. Likewise with *Liberty Saints Rugby Club U13's & 17's* who train on Tuesday & Thursday nights in Liberty Park on Basin Lane.
- **Addiction Response Crumlin (4 Programmes)**  
Wednesdays: 11am to 1pm, Urban Gym Drimnagh – Recovered Group  
Thursdays: 11am to 1pm, Urban Gym Drimnagh – Recovery Via Sport Group 2  
Fridays: 11am to 12pm, Clogher Rd – Women's Group  
Fridays: 11am to 1pm, Clogher Rd – Addiction Response Men
- The DCSWP Sports Officer for Crumlin is currently delivering a **Change for Life Programme** for underactive adults every Wednesday from 10am – 11.30am. The Programme encompasses yoga, gym work, nutrition advice & a 21-day walking challenge.
- St. Catherine's Sports Centre hold an **'open gym'** session for residents of the **Fr. Peter McVerry Trust** Foyer every Friday morning
- An **Outdoor Pursuits Programme** (kayaking, mountain biking, rafting, rock climbing) will run throughout July & August in Ballyfermot Youth Service Adventure Centre. DCSWP Sports Officers in the South Central Area will facilitate sessions for local youth groups.

## Football Development Officers Update

- **Sprog Soccer** takes place every Monday from 4pm to 5pm in St. Catherine's Sports Centre for 4 – 8 year olds.
- **Men's Homeless Street League** takes place each Friday from 11am – 1pm in St. Catherine's Sports Centre.
- A **Summer Football Programme** for children of all ages from **St. Michael's Estate** and beyond continues to take place in Inchicore Sports Centre every Friday from 11am – 1pm.
- A Summer Futsal Camp will take place in Bluebell Community Centre from August 8<sup>th</sup> – 10<sup>th</sup> (10.30am – 12.30pm) for young people from the local community.
- **Summer Camps:** The FAI/DCSWP Football Development Officers will run 2 weeks of Summer Camps for boys & girls aged 6 to 14 years in Elmdale Park from 31<sup>st</sup> July to August 11<sup>th</sup> (10.30am – 2pm daily; in association with Cherry Orchard).
- **Community Coach Development Sessions** are continually ongoing as the local FAI/DCSWP Football Development Officers endeavour to further educate local football coaches in all aspects of the game, from tactics to good general management & player welfare. One such session will take place in Inchicore Sports Centre on Wednesday, 26<sup>th</sup> July from 6pm – 9pm.

## Boxing

- **Aviva Stadium Tours & Boxing Taster Session:**  
All 5<sup>th</sup> & 6<sup>th</sup> class pupils and Transition Year students throughout the Dublin City area, including many from the South Central Area, who took part in the Startbox Programme have been invited to take part in free tours of the Aviva stadium throughout June & July (which will be guided by DCSWP/IABA Boxing Officers). Students will also experience a short coaching session and view some famous Irish, International & Olympic boxing memorabilia (this will be coupled with interesting & informative stories/anecdotes to inspire and educate the students!).

## Cricket Development Officer Update

- We have a number of players involved in the provincial teams (U11, U13, U15, U17, and U19), both male and female, from 9-18 years of age and in particular players from the Drimnagh area who have training sessions and cricket tours during this period. These sessions take place on a weekly basis at different venues in the Dublin City area. Although all the venues may not be in the area, a lot of the participants will be from the South Central Area. The most notable events include:
  - Dublin City Summer Camp - 17<sup>th</sup> to 19<sup>th</sup> July from 10am - 4pm in the Phoenix Park
  - Dublin City U17 match in the YMCA cricket grounds on the 24<sup>th</sup> July from 11am - 5pm
  - Dublin City Girls Camp - 31<sup>st</sup> July to 2<sup>nd</sup> August from 10am - 4pm (venue TBC)
  - Boys U11 training session on Friday 11<sup>th</sup> August from 10.30am - 1pm in YMCA cricket grounds
  - Boys U11 interprovincial match in Pembroke CC on the 14<sup>th</sup> of August from 11am - 4pm
  - Dublin City U12 Tournament in Pembroke CC on the 10<sup>th</sup> of August from 10am - 4pm

- Cricket will also be involved at the Summer Camps running throughout July & early August in Sports & Fitness Ballyfermot and in the Cherry Orchard Centre. We will also have a presence at the following Family Fun Days:
  - 26<sup>th</sup> July, 10.30am - 3pm (Bluebell Community Centre)
  - 20<sup>th</sup> July, 2.30pm - 4.30pm (St. Michael's Estate)

### **Rowing Update from Dublin City Municipal Rowing Centre**

- **Active Age Rowing** - Tuesdays and Fridays from 12.20pm - 1.30pm Tuesdays and Fridays, for new and on-going participants aged 55 and over. No previous experience required.
- **Summer Youth & Community Project rowing slots – July:** Summer Projects can book in for groups of up to 12 where they can experience an introduction to the sport in a safe and comfortable environment with user friendly equipment.
- **Youth Rowing Camps – August:** During the month of August, youth rowing camps will be running from the Municipal Rowing Centre for children aged 10 years +. The camps will run Monday to Friday from 10am - 1pm at a cost of 50e per young person. No previous experience required, we will begin with the basics and help the participants to progress and improve their skills as the week proceeds.
- **Phoenix Rowing Club:** A recreational rowing club for adults based in Dublin Municipal Rowing Centre. The club is purely aimed at getting people on the water to enjoy the activity and surrounding environs of the Memorial Gardens, Phoenix Park & River Liffey. No previous experience required and members can progress at their leisure to a level of their comfort and choosing.

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## **Report by**

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